



2025 Elementary Wakesports Coaching Course

(For new coaches)

Bulletin

Theory Class: 27 Mar & 28 Mar 2025

Practical Session: in May 2025

Date & Time	<u>Theory Class and Written Test (Total 8 Hours)</u> 18:30 to 22:30, 27 Mar 2025 (Thursday), 18:30 to 21:30 & 21:30 to 22:30 (Written Test), 28 Mar 2025 (Friday)	
	<u>Practical session (20mins/participant on boat)</u> TBC, Weekdays or Weekends in May*	
	*The applicant's preference will be collected by the entry form. The exact date will depend on the no. of applicants.	
Location	<u>Theory Class</u> Olympic House	<u>Practical Session *</u> Tai Po/Sai Kung/Ap Lei Chau * Depends on number of applicants and boat reservation
Content	<u>Theory (7hrs) and Written Test (1hr):</u> <ol style="list-style-type: none"> 1. Sports Development Programme and Wakesports Coach Accreditation System 2. Brief introduction on history and local development of Wakeboard / Wakesurf 3. General Rules on Water Safety, Basic Boat Operation and Appliance, Preparatory Work before training, Warm up 4. Introduction on Sports Equipment 5. Brief explanation of Competition Rules 6. Jargon & Tricks List of Wakeboard/Wakesurf 7. Fundamental Movements and Teaching Tips of Wakeboard & Wakesurf 8. Basic First Aid Knowledge, Crisis Response, IWWF Concussion Protocol & IWWF COVID19 Event Guideline 9. Basic Sports Science Concept and Advice on setting a Training Plan 10. Code of Conduct for Coaches and Safe sports & Sexual Harassment Regulation 11. Introduction to Coach Related Courses 12. Special Acknowledgement <u>Practice Examination (20mins per Pax, on boat)*</u> <ol style="list-style-type: none"> 1. Communication skills with boat drivers and students 2. Instruct students on techniques to Wakeboard or Wakesurf (optional) particular in starting/getting up on the water & one designated elementary movement (by Lucky Draw) 3. Assist students to get on board in a safe condition *<u>The current registered Wakesports Coach can be exempted the practice exam</u> 	
Entry Requirement	➤ All members and non-members* are welcome *(Non-members would be required to pay HKD 150 for the annual membership fee)	
Quota:	➤ 20 for New Coaches Will be adjusted according to the participant's number on Practice Exam.	
Registration &	A. 2025/2026 Memberships Application (For non-current HKCWA Members):	



Fees	<p>https://form.jotform.com/250018299200449 (please ignore it if you have settled the memberships fee)</p> <p>B. Theory Class and Written Test: \$1000 Online Application Form (For Theory Class): https://form.jotform.com/250230560068448</p> <p>C. Practical exam^{**}: \$1000 <i>Online Application Form (For Practical exam) <u>will be provided after the written test</u></i> # Only available to those who pass the written test</p> <p>D. Coach Registration Fee for 2 years: \$1000 ^{Remarks 1} Will be collected after the seminar.</p> <p>Remarks:</p> <ol style="list-style-type: none"> 1. After successful completion of both theory and practical sessions of the coaching seminar, a certification from HKCWA will be issued to the participants stipulating the level of qualification and it will be valid for Two (2) years until 31/3/2027. 2. All Registered Coaches need to settle their coach registration fee (\$1000/2years) before the end of registration period. If you have not settled both HKCWA memberships fee and coach registration fee more than 1 fiscal year, you will be removed from the registered coach list. You may need to enroll the whole coaching course again in the future. 3. Registered coach may be required to fulfill certain hours (to be confirmed) of service including but not limited to HKCWA competitions, training courses and events in order to maintain their coach qualification. 4. If there are any major changes to the rules of IWWF, Hong Kong Government or HKCWA, the coaches may need to attend in the theory class and written test again as a refresher, while practical assessment can be still exempted. 5. HKCWA has the right of the final decision after considering the conduct of coaches, coaching performance, instructing hours to HKCWA's courses/events. Failure to comply with above conditions might be disqualified for coach renewal and result in invalidation of the coach qualifications. 6. If the seminar is cancelled prior to the start of seminar, due to bad weather or other circumstances, the entry fee will be refunded to the enrolled participants by cheques, therefore please provide your full name on the enrolment form. 7. Applications from members with outstanding payments for past events will not be accepted unless he/she can provide payment evidence or settle the outstanding payment. 8. Only enrolment forms issued by HKCWA & completed by the participant will be accepted. Email registration, phone registration, or entry forms designed by others will not be accepted.
Enquiry	Enquiry Hotline: (852) 2504-8168 Whatsapp: (852) 5646-6174 Email: info@waterski.org.hk
Deadline	5pm on Friday, 7 Mar 2025 Late entries if accepted will be subject to an extra charge of HKD500 .

Organized by



中國香港滑水總會

Subvented by



香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust



香港教練培訓委員會
Hong Kong Coaching Committee

This event is funded by Jockey Club Coach Education Programme

2025 Elementary Wakesports Coaching Course (For current registered coaches)

Bulletin

Written Test 28 Mar 2025

Date & Time	<u>Online Written Test (Total 1 Hours)</u> 21:30 to 22:30 (Written Test), 28 Mar 2025 (Friday)
	<u>The current registered Wakesports Coach can be exempted the practice exam and theory class</u>
	<i>*The applicant's preference will be collected by the entry form. The exact date will depend on the no. of applicants.</i>
Format	<u>Zoom Online Test</u>
Content	<u>Written Test (1hr):</u> <ol style="list-style-type: none"> 1. Sports Development Programme and Wakesports Coach Accreditation System 2. Brief introduction on history and local development of Wakeboard / Wakesurf 3. General Rules on Water Safety, Basic Boat Operation and Appliance, Preparatory Work before training, Warm up 4. Introduction on Sports Equipment 5. Brief explanation of Competition Rules 6. Jargon & Tricks List of Wakeboard/Wakesurf 7. Fundamental Movements and Teaching Tips of Wakeboard & Wakesurf 8. Basic First Aid Knowledge, Crisis Response, IWWF Concussion Protocol & IWWF COVID19 Event Guideline 9. Basic Sports Science Concept and Advice on setting a Training Plan 10. Code of Conduct for Coaches and Safe sports & Sexual Harassment Regulation 11. Introduction to Coach Related Courses 12. Special Acknowledgement
Entry Requirement	➤ All members and non-members* are welcome *(Non-members would be required to pay HKD 150 for the annual membership fee)
Quota:	100
Registration & Fees	A. 2025/2026 Memberships Application (For non-current HKCWA Members): https://form.jotform.com/250018299200449 (please ignore it if you have settled the memberships fee) B. Written Test: Free Online Application Form: https://form.jotform.com/250230560068448

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C. Coach Registration Fee for 2 years: **\$1000** ^{Remarks 1}
Will be collected after the seminar.

Remarks:

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